

# PLEASANTON PUBLIC LIBRARY PRESENTS



## HIKING THE PACIFIC CREST TRAIL

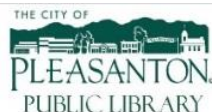
Ken and Marcia Powers are hikers extraordinaire. Since 2000, they've walked most of our country's premier long-distance trails—Pacific Crest Trail, Continental Divide Trail, Appalachian Trail, American Discovery Trail, Grand Enchantment Trail, Arizona National Scenic Trail, Idaho Centennial Trail and more. Join Ken and Marcia for a digital presentation of their Pacific Crest Trail hike.

Prospective hikers are invited to stay after the presentation:

- Examine long distance hiking gear.
- How to prepare for a hike physically and mentally
- Discuss hiking nutrition and re supply options
- Learn about leave No Trace practices to enjoy and protect nature



**February 12<sup>th</sup> 2017, Sunday 2:00PM, Library Meeting Room**



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